## Thailand

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## 1. Introduction

Heavy metals are individual metals and metal compounds that negatively affect people's health. In very small amounts, many of these metals are necessary to support life. However, in larger amounts, they become toxic. They may build up in biological systems and become a significant health hazard. Therefore the maximum levels for some heavy metals such as Cadmium, Lead and Mercury in food products are set in many countries. To manage the safety of food products, the science-based knowledge of these heavy metals should be known.

## 2. Objectives And Goals

To obtain an understanding of the level of heavy metals (Cadmium, Lead and total Mercury) in fish and fish products.

## 3. Survey Methodologies

# a. Sampling Method, Location, Species, Number of Samples and Sampling Size

Frozen cuttlefish (*Sepia* spp.), frozen baby octopus (*Octopus* spp.), frozen squid (*Loligo* spp.), canned skipjack (*Katsuwonus pelamis*), canned albacore (*Thunnus alalunga*), canned yellowfin (*Thunnus albacares*), frozen vannamei shrimp (*Penaeus vannamei*), frozen nile tilapia (*Tilapia nilotica*), canned sardinella (*Sadinella gibbosa*), frozen baby clam (*Paphia undulata*), frozen green mussel (*Perna viridis*), frozen salmon (*Salmon*) *oncorhynchusketa*), frozen ribbon fish (*Trichiurus affinis*) and frozen imitation crabmeat (*Nemipterus* spp.) were collected from the factories in Samutsakorn province. After sampling, frozen samples were packed in plastic bags and sent to the laboratory. Samples were kept at -18°C if they were not analyzed immediately.

#### b. Method of Analysis

The samples were analyzed for Cadmium, Lead and total Mercury at the Samutsakorn Fish Inspection and Research Center. About 300g of the edible part of sample was blended and analyzed according to the method as in Appendix 1. Graphite furnace AAS (Brand: Perkin Elmer) was used for Cadmium and Lead while the cold vapor mercury analyzer (Brand: Perkin Elmer) was used for total Mercury.

#### c. Limit of Detection and Limit of Quantification

Limit of Detection of method is 0.01 ppm for Cadmium, Lead and total Mercury.

Limit of Quantification of method is 0.04 ppm for Cadmium and 0.05 ppm for Lead and total Mercury.

#### d. National Regulatory Limits

The regulatory limit of each contaminant is dependent on the type of product and the importing country. Information is available at the website: **www.fisheries.go.th**.

## 4. Results And Discussion

Year of participation	Program Name	Analyte Tested	Reported results (ppm)	True value (ppm)	z-score	Remarks
2007	FAPAS	Cadmium	0.048	0.052	- 0.4	Passed
	APLAC	Cadmium	0.187	0.187	0.01	Passed
	APLAC	Lead	1.110	1.195	- 0.20	Passed
	FAPAS	Total mercury	0.051	0.053	- 0.2	Passed
	FAPAS	Total mercury	0.524	0.704	- 1.5	Passed

## a. Participation in Inter-laboratory Proficiency Testing and Results

## b. Survey Results and Discussion

Year of analysis & Sampling location	Analyte	Fish sa analy Common name	ysed	No. of samples analysed	results (ppm)	results (ppm)	Average value of results (ppm) – wet weight basis	Average Recovery (%)
2005 Samutsakorn province	Cadmium	Frozen cuttlefish	Sepia spp.	24	0.02 Detected but not quantifiable	0.90	0.36	103
		Frozen octopus	Octopus spp.	24	0.04	0.94	0.31	104
		Frozen squid	<i>Loligo</i> spp.	24	0.04	0.54	0.18	103
	Total Mercury	Frozen cuttlefish	<i>Sepia</i> spp.	24	Not detected	0.05	0.02 Detected but not quantifiable	97
		Frozen octopus	Octopus spp.	24	Not detected	0.08	0.02 Detected but not quantifiable	96
		Frozen squid	<i>Loligo</i> spp.	24	Not detected	0.04 Detected but not quantifiable	0.02 Detected but not quantifiable	97
	Lead	Frozen cuttlefish	<i>Sepia</i> spp.	24	Not detected	0.14	0.03 Detected but not quantifiable	94
		Frozen octopus	Octopus spp.	24	Not detected	0.09	0.02 Detected but not quantifiable	92
		Frozen squid	<i>Loligo</i> spp.	24	Not detected	0.11	0.02 Detected but not quantifiable	93

Year of	Analyte	Fish samp	ole analysed	No. of	Min. value	Max. value	Average value	Average
analysis & Sampling location		Common name	Scientific name	samples analysed	of results (ppm) – wet weight basis	of results (ppm) – wet weight basis	of results (ppm) – wet weight basis	Recovery (%)
2006 Samutsakorn province	Cadmium	Canned skipjack	Katsuwonus pelamis	21	Not detected	0.06	0.02 Detected but not quantifiable	104
		Canned albacore	Thunnus alalunga	21	Not detected	0.03 Detected but not quantifiable	0.01 Detected but not quantifiable	102
		Canned yellowfin	Thunnus albacares	20	Not detected	0.02 Detected but not quantifiable	0.01 Detected but not quantifiable	105
		Frozen vannamei shrimp	Penaeus vannamei	21	Not detected	0.02 Detected but not quantifiable	Not detected	106
	Total Mercury	Canned skipjack	Katsuwonus pelamis	21	0.01 Detected but not quantifiable	0.26	0.08	97
		Canned albacore	Thunnus alalunga	21	0.12	0.54	0.28	99
		Canned yellowfin	Thunnus albacares	20	0.02 Detected but not quantifiable	0.17	0.07	95
		Frozen vannamei shrimp	Penaeus vannamei	21	Not detected	0.02 Detected but not quantifiable	0.01 Detected but not quantifiable	96
	Lead	Canned skipjack	Katsuwonus pelamis	21	Not detected	0.09	0.02 Detected but not quantifiable	94
		Canned albacore	Thunnus alalunga	21	Not detected	0.09	0.01 Detected but not quantifiable	93
		Canned yellowfin	Thunnus albacares	20	Not detected	0.07	0.02 Detected but not quantifiable	92
		Frozen vannamei shrimp	Penaeus vannamei	21	Not detected	0.06 Detected but not quantifiable	Not detected	92

Year of	Analyte	Fish sampl	e analysed	No. of	Min. value	Max. value	Average	Average		
analysis & Sampling location		Common name	Scientific name	samples analysed	of results (ppm) – wet weight basis	of results (ppm) – wet weight basis	value of results (ppm) – wet weight basis	Recovery (%)		
2007 Samutsakorn province	Cadmium	Frozen nile tilapia	Tilapia nilotica	22	Not detected	0.01 Detected but not quantifiable	Not detected	96		
		Canned sardinella	Sardinella gibbosa	23	0.01 Detected but not quantifiable	0.10	0.03 Detected but not quantifiable	100		
		Frozen baby clam	Paphia undulata	25	0.02 Detected but not quantifiable	0.35	0.12	96		
		Frozen green mussel	Perna viridis	26	0.02 Detected but not quantifiable	0.79	0.10	94		
	Total Mercury	Frozen nile tilapia	Tilapia nilotica	22	Not detected	0.07	0.01 Detected but not quantifiable	88		
		Canned sardinella	Sardinella gibbosa	23	Not detected	0.04 Detected but not quantifiable	0.02 Detected but not quantifiable	94		
		Frozen baby clam	Paphia undulata	25	Not detected	0.06	0.01 Detected but not quantifiable	94		
		Frozen green mussel	Perna viridis	26	Not detected	0.07	0.03 Detected but not quantifiable	98		
	Lead	Lead	Lead	Frozen nile tilapia	Tilapia nilotica	22	Not detected	0.03 Detected but not quantifiable	Not detected	92
		Canned sardinella	Sardinella gibbosa	23	Not detected	0.24	0.04 Detected but not quantifiable	88		
		Frozen baby clam	Paphia undulata	25	Not detected	0.33	0.14	89		
		Frozen green mussel	Perna viridis	26	Not detected	0.31	0.10	85		

Year of analysis & Sampling location	Analyte	Fish samp Common name	le analysed Scientific name	No. of samples analysed	Min. value of results (ppm) – wet weight basis	Max. value of results (ppm) – wet weight basis	Average value of results (ppm) – wet weight basis	Average Recovery (%)
2008 Samutsakorn province	Cadmium	Frozen salmon	Oncorhyn- chus keta	14	Not detected	0.05	0.01 Detected but not quantifiable	98
		Frozen ribbon fish	Trichiurus sp.	13	Not detected	0.05	0.02 Detected but not quantifiable	98
		Frozen imitation crab meat	Nemipterus spp.	29	Not detected	0.03 Detected but not quantifiable	0.01 Detected but not quantifiable	97
	Total Mercury	Frozen salmon	Oncorhyn- chus keta	14	Not detected	0.05	0.02 Detected but not quantifiable	88
		Frozen ribbon fish	<i>Trichiurus</i> spp.	13	0.01 Detected but not quantifiable	0.06	0.03 Detected but not quantifiable	89
		Frozen imitation crab meat	Nemipterus spp.	29	Not detected	0.09	0.03 Detected but not quantifiable	88
	Lead	Frozen salmon	Oncorhyn- chus keta	14	Not detected	0.05	0.01 Detected but not quantifiable	91
		Frozen ribbon fish	Trichiurus sp.	13	Not detected	0.14	0.03 Detected but not quantifiable	86
		Frozen imitation crab meat	Nemipterus spp.	29	Not detected	0.17	0.02 Detected but not quantifiable	89

#### c. Corrective Actions (if applicable)

No corrective action was taken as no results were found to exceed the regulations limits. However, in case of exceeding the importing country regulation, that lot of product will be rejected for export. The processor will be required to identify any other products that were produced from the same lot of raw material and provide a corrective action plan. A follow-up at plant may be deemed necessary in some cases. If the processor could not bring its system to comply with the safety requirement, the processor will be suspended for export. The processor will be withdrawn from the Department of Fisheries list of approved fishery establishment when the offence is repeated.

## 5. Problems and Challenges Encountered

The equipment is sometimes out of order.

## 6. Recommendations and Suggestions for Future Follow up Action

The fund should be given at the beginning of the year because it is easier to plan and conduct the activity.

#### **Appendix 1**

## **Method of Analysis**

Weigh 1 g of sample in a 50 ml polypropylene screw-cap centrifuge tube  $\downarrow$ Add 5 ml of conc. nitric acid  $\downarrow$ Cap centrifuge tube  $\downarrow$ Heat in water bath at 95 °C for 2 hrs (Use fumehood for safety reasons)  $\downarrow$ Cool to room temperature  $\downarrow$ Transfer solution to 50 ml volumetric flask and dilute to mark with deionized water  $\downarrow$ Measure Cadmium at 228.8 nm and Lead at 283.3 nm using graphite furnace AAS Measure total Mercury at 253.7 nm using mercury analyzer

### Calculations

Heavy metal (ppm) =  $C \ge 0.05 / W$ 

C = Concentration of heavy metal from calibration curve (ug/L) W= Sample weight (g)

## **References :**

- Official Methods of Analysis of AOAC International 18<sup>th</sup> edition. 2005. Chapter 9. Metals and other elements. 9.1.08. AOAC Official method 999.10. p. 16-19
- Official Methods of Analysis of AOAC International 18th edition. 2005. Chapter 9. Metals and other elements. 9.2.24. AOAC Official method 974.14. p. 37.